

# Keep it Untouched

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Bare hands may have germs that can spread to food.  
Ready-to-eat foods may not be handled with bare hands.



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Use utensils or other barriers to keep from handling ready-to-eat foods.

Barriers include:

- Tongs
- Spoons
- Forks
- Gloves
- Paper squares
- Napkins

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For more information on Foodborne Illnesses or symptoms, contact the  
Virginia Department of Agriculture and Consumer Services at (804) 786-3520